

Distance and time taken

4½ miles (7km) – 2½ hours

Going

Mostly good walking, some parts narrow and uneven. Some muddy tracks and gentle climbs.

Habitat types

Ancient woodland, Old railway line, riverside meadows and hedgerows.

Ordnance Survey Map

1:50 000 – Colchester and the Blackwater area – Landranger Sheet 168.

1:25 000 – Coggeshall and Earls Colne – Pathfinder Sheet TL 82

Refreshments

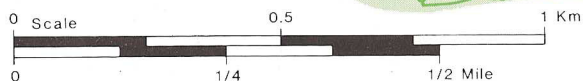
Three pubs to choose from plus Spar.

Dogs

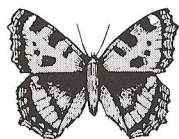
Always under close control please. Where sheep are grazing, dogs MUST BE ON A LEAD



Hunt's Atlas Works Plaque



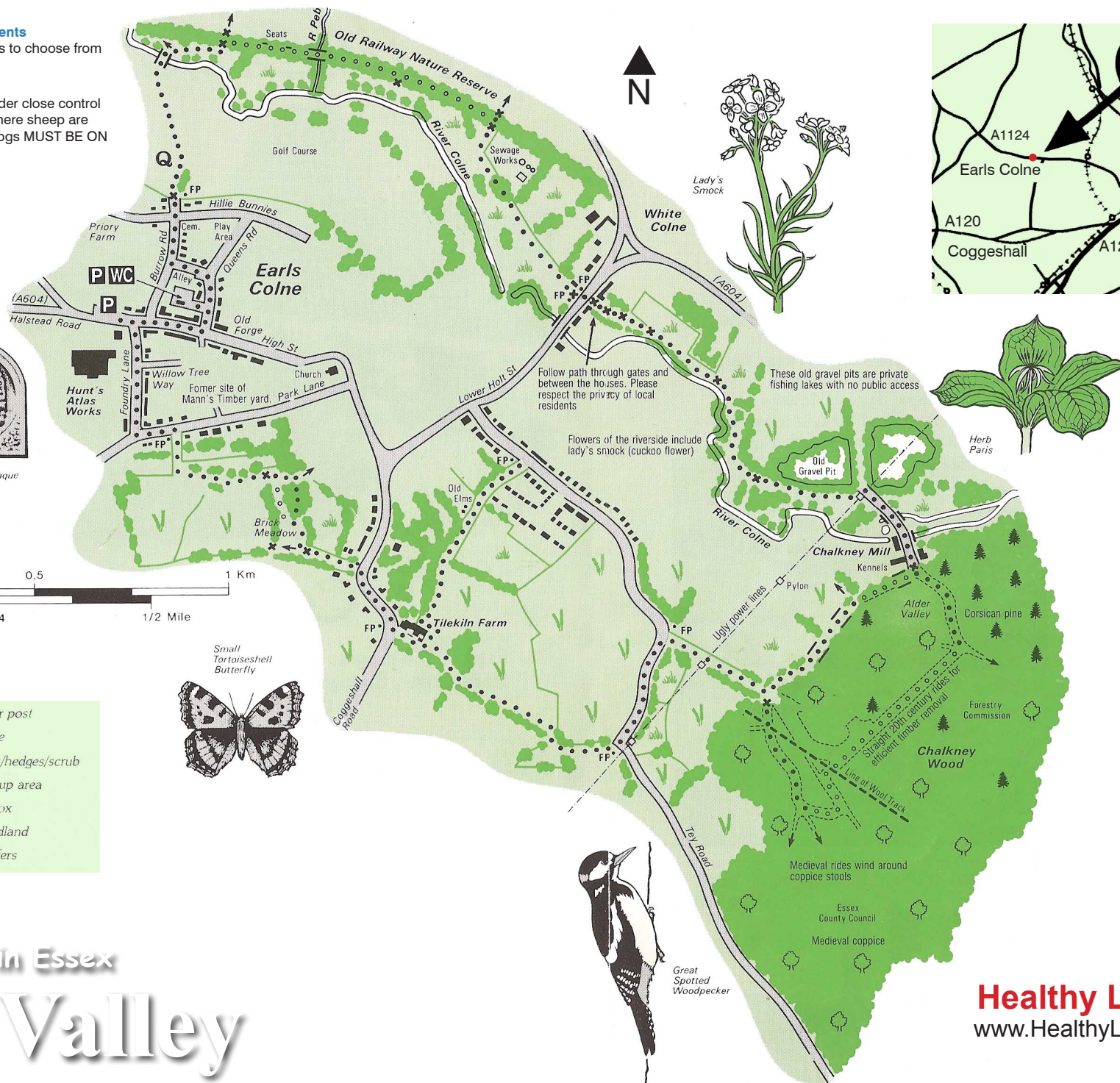
• • • Public Right of Way	FP. Finger post
◦ ◦ ◦ Courtesy Path	— Bridge
➔ Other public paths	■ Trees/hedges/scrub
P Parking	■ Built-up area
WC Toilets	PB Pill box
☕ Refreshments	☖ Woodland
* Stile or gate	☙ Conifers



Small Tortoiseshell Butterfly

Country Walking in Essex

Colne Valley



Healthy Life Essex
www.HealthyLifeEssex.co.uk