

discover Thorndon country Park and Hartswood



KEY

- Public Footpath
- Horse & cycle ride
- - - - - Cycles only
- Wildside Walk approx 5 miles

P Parking	i Information
☕ Refreshments	📍 Orienteering
👁️ Viewpoint	☎️ Public telephone
🎣 Fishing	🏠 Public house
🍷 Picnic area	🛒 Gift shop
♿ Toilets with disabled access	



Using the map to guide you, you can make your way through this continuous stretch of countryside from Shenfield Common in the North to Thorndon South.

Horseriders and cyclists are welcome to use the blue waymarked routes on the map, please stay only on these routes and remember these are multi user paths and care and consideration should be given to pedestrians.

OUTSTANDING VIEWS

If you are feeling fit enough, you will find the steep walk up Jury Hill very rewarding. A bench at the top provides a well deserved resting place but, more importantly, the panoramic view is superb.



Woodland Trust
Thorndon North and South are linked with Old Park which is owned and managed by the Woodland Trust. Wander through the restored parkland and imagine how it was in the 18th century.

Thames Chase
Thorndon and Hartswood lie within Thames Chase community forest, an area of 40 square miles, providing you with more trees, a range of wildlife habitats, farms and places to visit.

Water Safety
Please remember when close to lakes and ponds:

- the water is deep and cold
- swimming is prohibited
- supervise children closely at all times
- stay off the ice in winter

Healthy Life
Mind, Body & Soul
www.healthylife-mbs.com

